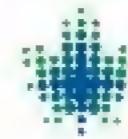


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FINALLY

After a decade of heartache, fans are ready for the playoffs
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School video likens abortion to Holocaust

RED DEER

Advocates, minister speak out against presentation

Kevin Maimann
Metro | Edmonton

The Red Deer Catholic school district is under fire for a presentation in one of its high schools

that compared abortion to the Holocaust, and implied a woman is committing murder if she gets an abortion after being raped.

The lesson included a film called The Case Against Abortion, Personhood, which compares abortion to the Holocaust and pro-choice advocates to Nazis.

Alberta Education Minister David Eggen called the presentation "completely outrageous" and said he has ordered the Catholic district to investigate how it got into the École Secondaire

Notre Dame High School Grade 10 classroom.

"I was offended, and quite frankly it was the worst sort of propaganda, making connections between a terrible genocide and Holocaust to abortion. The whole thing was absurd," Eggen said.

The district says it will continue to use Red Deer and Area Pro Life, the group that gave the presentation, for sex ed — despite drawing the ire of Eggen, sexual health advocates, and an Edmonton Catholic School

Board trustee.

The board emailed a statement Tuesday saying it will ask the group to "make adjustments to their presentation to ensure it is more appropriate for students," and that it has beefed up its screening process for materials brought in by outside agencies.

Curriculum reform group Accessing Information not Myths (AIM) is calling for an immediate province-wide investigation into the state of sex ed in Alberta schools, and for the province to

create an approved list of presenters to give medically accurate information.

"If you look at the statistics of sexual assault, there's likely kids in (that classroom) who have experienced sexual abuse or assault," said AIM Chair Cristina Stasia.

"So, comments like that are not just medically inaccurate, scientifically inaccurate and misinformed, but they're also dangerous."

Edmonton Catholic School

Board Trustee Marilyn Bergstra said she does not oppose Catholics relaying the message that life begins at conception, but said they should also have to teach medical facts.

She added that women should not be condemned for their choices.

"If you're pro life, how do you support women to empower them to keep these children? Once the baby's born, it seems that that's all that matters," Bergstra said.

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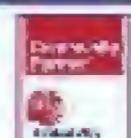
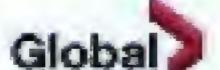
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Hockey Canada is considering a hockey school on the Northlands Coliseum site with a track, dry-land training and four sheets of ice. KEVIN TUONG/FOR METRO

Hockey Canada considers building academy in city

AMATEUR SPORTS

Eyes Northland Coliseum for future training facility

 **Jeremy Simes**
Metro | Edmonton

Today's kids are distracted by cellphones and aren't as active as they used to be, according to Hockey Canada president Tom Renney, who argued Tuesday a new hockey academy to replace the aging Northlands Coliseum could get more youth playing.

"We have a bit of a sedentary lifestyle," Renney told city council members Tuesday.

during a debate on the future of the facility. "That concerns me and it's a question you must face."

City council voted Tuesday to start working on an agreement with Hockey Canada for the proposed academy at the coliseum. The decision comes after city administration reviewed 15 proposed projects for the site, suggesting Hockey Canada offered the best plan for the coliseum's future success.

The hockey school would include four sheets of ice, a 200-metre athletic track, and a dry-land training area.

Hockey Canada would operate the building during the day, while the community members and organizations could use the facilities on evenings and weekends.

"An opportunity might exist

 **I think we found a city that really does embrace hockey.**

Hockey Canada president
Tom Renney

to deliver on a game for children in every demographic imaginable," Renney said, noting youth who are newcomers, Indigenous, or with disabilities could use the site. "I think we found a city that really does embrace hockey."

But the coliseum's gain could mean the loss of six aging community rinks, including the sites in Oliver, Westwood, Crestwood, Coronation, Tipton and George

S. Hughes.

"I certainly appreciate this vision, but with the decommissioning of those arenas, will this limit access for people living in those communities?" Coun. Bev Esslinger asked administration during council Tuesday.

In response, city officials noted the rinks were already set to be phased out, based on a overall arena strategy that identified they were reaching their lifetime.

"This is consistent with the arena strategy, so (decommissioning those arenas) shouldn't be a surprise," Mayor Don Iveson told reporters.

Officials also said it's cheaper for the city operate and manage fewer twin arenas (or larger rec centres) than a swath community rinks with only one sheet of ice.

Iveson told council re-pur-

posing the building for community hockey use "isn't going to be a money maker, and anything with amateur sport shouldn't be a money maker."

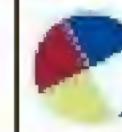
But questions remain over who would pay to renovate the coliseum or knock it down for a new building, which could be determined after the agreement-work is complete.

If the agreement goes ahead, the next steps for administration are to work on a business case, which will clarify financial details, outline designs for the proposal, and look at whether renovating the coliseum or building a new one is more feasible.

That work would cost \$2.85 million and take 18 to 24 months to complete. It would require council approval when the debate returns to council in May.

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ACCOUNTABILITY

Change laws on privacy: Official

Alberta's information commissioner says her office can't do its job properly unless the government overhauls the province's privacy law.

Jill Clayton says her office has been having trouble getting information from the government that it needs to determine if it can grant information requests.

She says some requests from opposition parties, the media and the public have been stymied going back to 2012.

The problems include the government blacking out big sections of reports and government lawyers speaking for witnesses her investigators want to interview.

Clayton says the delays were the subject of a recent Supreme Court ruling that found the problem is with the wording of Alberta's Freedom Of Information and Protection of Privacy law.

Clayton's office tabled two reports in the legislature Tuesday outlining the problems, including a request to change the law to make it effective.

"I am deeply disappointed in how this matter has unfolded," Clayton said Tuesday.

"What should have been a relatively straightforward investigation has concluded under a shadow that brings the very notion of independent oversight of the executive branch of government into question and has the potential to erode public confidence in an open and accountable government."

Clayton says her office should have the power to require the government to give it the records it needs, and to determine if they are protected by legal privilege.

She says the law needs to be updated so that people can get information in an affordable, timely way to hold the government to account.

THE CANADIAN PRESS

Playoff payoff: We've earned it

HOCKEY

After years of disappointment, Edmonton fans deserve this

Scott Tougas
For Metro | Edmonton

There's an old sports debate that goes something like this: is it better to be agonizingly close and lose in heartbreak fashion, or to be miles away from contending, saving yourself from the agony of defeat?

After what Edmonton Oilers fans have been through, we will tell you the choice is simple — we'll gladly take the agony of defeat; anything to help us feel again.

For the past decade, the Oilers fan base has gone through five stages of grief as we mourn lost season after lost season.

Denial. Statements like "we just haven't got the bounces," or "our goaltending is bound to improve" are common as a

season begins to slip away.

Anger. We find a player or coach to heap blame on. Names like "Justin Schultz" or "Dallas Eakins" are regularly uttered.

Bargaining. Forget about a playoff berth. Oilers fans would settle for a playoff race, or even glimpses of improvement.

Depression. With another

season gone and the playoffs a distant dream, the die-hard fan has to endure another 40 or 50 meaningless beatings at the hands of better teams.

Acceptance. While other franchises may get nice things like the playoffs or even a Stanley Cup, we're accumulating picks, which are bound to work out eventually, right? Right?

To most, playoffs are no big deal. Hell, over half the league's teams make it. Some, like the Detroit Red Wings, make it every year; it was

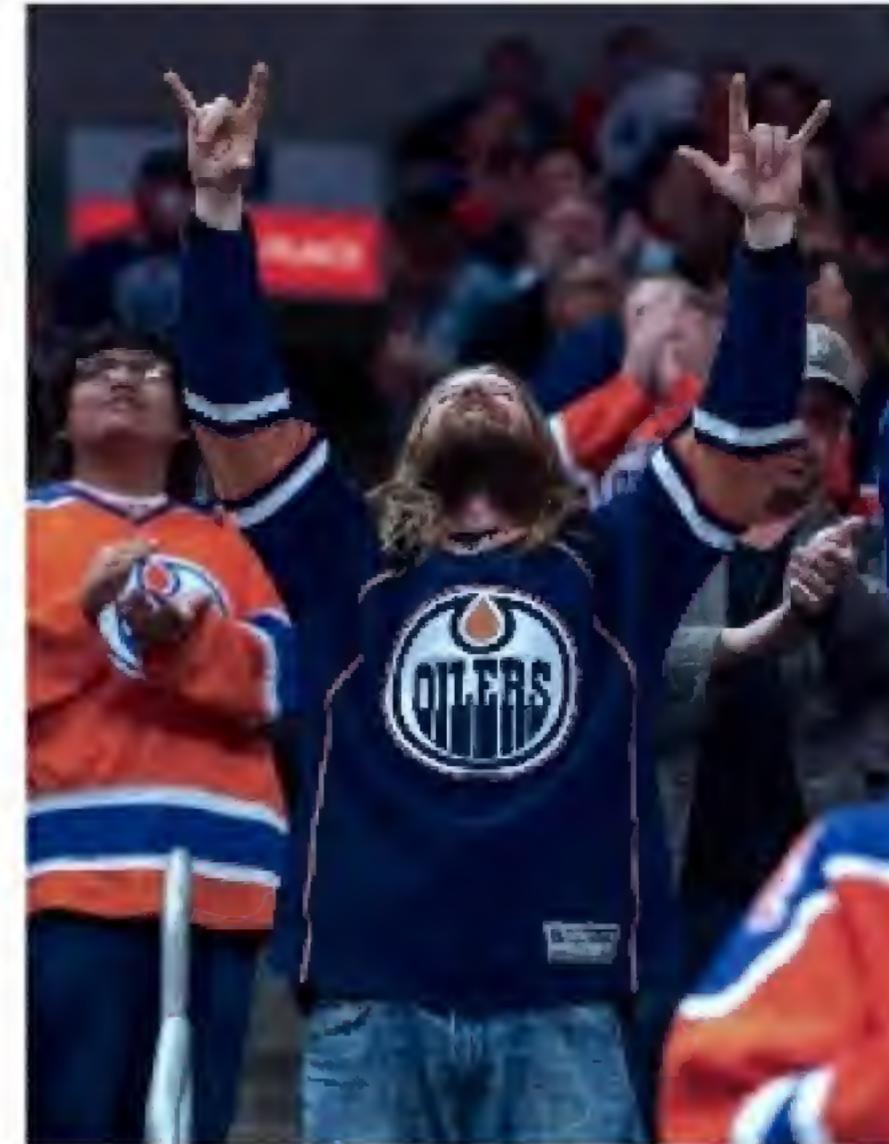
fitting that on the same day the Oilers finally broke their streak of ineptitude, the Detroit Red Wings were eliminated after 25 consecutive playoff appearances.

And at the risk of sounding privileged, we've earned it.

We've been through 10 years featuring the Old Boys Club, ritual humiliations on Hockey Night In Canada, and Gene Principe puns. We've talked ourselves into false dawns (remember when HOPE stood for Hall, Omarr, Paajarvi, and Eberle?), and shown patience as the next coach or general manager promised bold moves before falling flat on his face.

But worst of all, we've missed out on the thrill of a playoff run, the buzz in the city, and that unique sensation when everyone is watching the same event. Looking past the storied history of the Gretzky and Messier Oilers,

We will tell you the choice is simple — we'll gladly take the agony of defeat; anything to help us feel again.



Fans celebrate an Edmonton Oilers goal on the Vancouver Canucks during third period NHL hockey action in Edmonton on Sunday. AMBER BRACKEN/THE CANADIAN PRESS

this generation hasn't even witnessed a moment like Todd Marchant's Game 7 winner, or Ales Hemsky's pass to Sergei Samsonov, sending Rexall Place into ecstasy.

Traditional thinking suggests it's too soon for this team to truly contend, but traditional thinking suggested that the 2005-06 Oilers team couldn't contend, either. And the mere fact we are even having this discussion, rather than coming up with a funny hashtag for winning the draft lottery (my favourite was always #failfor nail) is enough for most of us. This year's Oilers are playing with house money, and even if they lose to San Jose in five games the season will still be a success.

In the years to come, the playoffs will be a nerve-jangling experience, and we'll soon forget that simply qualifying feels like a prize. So let's enjoy that the local hockey squadron is finally back on track by packing Whyte Avenue, re-attaching our dusty car flags, and belting out the national anthem before the game.

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Where to watch the game

Omar Mosleh
Metro | Edmonton

Get ready to paint the town orange.

While a lucky few got tickets to the first Oilers playoff game — which will see them face off against the Sharks at Rogers Place starting at 8 p.m. — the excitement will spill out to the rest of the city.

Downtown business associations are expecting the Edmonton Oilers playoffs run to be a major boon for local restaurants and bars.

"There's a great level of excitement in the downtown," said Ian O'Donnell, executive director of the Downtown Business Association. "With Rogers Place obviously in the downtown this time around, we're going to see a shift of people into the core. That was not the case in 2005 or 2006."

"Rice Howard Way with Craft and Sherlock Holmes in that area will have some great patio opportunities ... Jasper 109 with The Pint, Central Social Hall and Hudsons will be a very active area," he added. "And certainly Jasper Avenue, the entire stretch is going to see a good amount of folks wandering between different establishments."

Molson House in Rogers Place and Fort Hall is expected to get busy,



Edmonton Oilers' Connor McDavid congratulates goalie Laurent Brossoit on his win against the Colorado Avalanche on March 25. CODIE McLACHLAN/THE CANADIAN PRESS

and O'Donnell noted that you can't get closer to the action than Mercer Tavern and Denizen Hall.

"We're literally across the street," O'Donnell said.

Whyte Avenue will be lively as well, with the strip highlighting their support for the Oilers with orange paint, window decals and vinyl banners

for local businesses.

Old Strathcona Business Association executive director Murray Davison highlighted Hudsons, The Pint and Beer-cade as spots he expects will be full of fun.

"I think we're all just glad to see they made the playoffs, it's going to be quite the buzz for the area's economy," he said.



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David Ridley, executive director with the Edmonton Heritage Council, is pleased with some new funds to keep the City as a Museum project alive. JEREMY SIMES/METRO

Council OKs funding for Nuit Blanche

CULTURE

Additional cash allotted for virtual museum

Jeremy Simes
Metro | Edmonton

City council voted to fund Edmonton's virtual museum project Tuesday, though the money is slightly less than what organizers asked for.

"It means we will scale down



I think Edmonton has undervalued the importance of story and our history.

Coun. Ben Henderson

the work," said David Ridley of the Edmonton Heritage Council, which will receive \$100,000 for the City as a Museum Project, down from the initial request of \$250,000.

"We will really put our efforts in additional funding for other programming. We will continue some momentum, but not as much as we wished."

The commitment, which will come from the contingency fund and ensures the project stays afloat, passed Tuesday as part of discussions on the city's operating budget.

Coun. Ben Henderson warned

Tuesday that not funding the project would result in organizers laying off one staff member.

"Jobs will be gone," he said. Council also voted to commit \$150,000 for planning of a second Nuit Blanche in 2018.

As for the museum project, Ridley said the heritage council will use the funds to work on projects like Edmonton Living Rooms, which lets people learn about different cultures via sit-down conversations with citizens.

"I think Edmonton has undervalued the importance of story and our history. I think (the City as a Museum project) builds connections with the city and between other citizens," he said.

"This will mean we're able to look at our staffing and continue to work in the community. We'd like to keep up with our podcasts and blog posts."

The proposed tax hike still sits around 2.7 per cent, though that figure has yet to be finalized when council meets again on April 25.

Of the tax increase, 1.5 per cent would go to neighbourhood renewal, 0.6 per cent for the Valley Line and 0.75 per cent for operations.

IN BRIEF

Councillors get pay bump

Expect to front an extra \$325,000 annually for city council members' salaries, after city council voted to approve the jump Tuesday. "It is what it is," Mayor Don Iveson told council.

The increase was spurred by federal legislation changes that say council

members' salaries, annual retirement benefits, and annual car and transition allowances will be taxable.

Prior to the change, council members had tax exemptions for salaries and allowances. The increase will come in effect Oct. 24, 2017, when a new city council is elected. JEREMY SIMES/METRO

DEVELOPMENT

City approves sale of river valley land

City council voted to approve the sale of public river-valley land for a contentious 80-storey tower Tuesday, but the fate of the building still hinges on rezoning.

City council members spoke in private Tuesday about the top-secret land sale over Alldritt Land Corporation's proposed tower, which would carve a small portion of river valley land at Grierson Hill Road and Jasper Avenue.

"It's not a real agreement

until the zoning is considered," Mayor Don Iveson told reporters following the meeting.

Councillors held the meeting over concerns on how the tower would affect public access to the river valley, and ensuring the city's interests are protected if the project doesn't go ahead.

But not all councillors seemed totally set on the ap-

\$3.2M

The Alldritt tower would potentially net the city \$3.2 million annually in property taxes.

Some risk that crossed the threshold for me."

Some Edmonton residents

have previously argued building a skyscraper on river valley land opens the door to more development.

The debate over rezoning the tower will be held publicly on April 24 at a public hearing.

If built, it would be the tallest tower in Western Canada and taller than the 66-storey Stantec tower near Rogers Place. The city's deal documents note the Alldritt tower would bring in \$3.2 million in property taxes annually. JEREMY SIMES/METRO

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CRIME

Police employee charged with sex offences

The Alberta Law Enforcement Team has arrested a 41-year-old employee of the Edmonton police, and charged him with making and distributing child pornography, and agreement to commit a sexual offence against a child.

Aaron Rothwell worked in an administrative capacity with the Edmonton Police Service and had no contact with the public, according to a release from the Alberta Law Enforcement Response Team (ALERT).

The Victoria Police Depart-

ment started an investigation in February 2017 after the suspect allegedly engaged in "sexually explicit online conversations" with an undercover officer. The suspect then allegedly attempted to arrange for sex with a child, according to the ALERT release.

Police determined Rothwell was based in Edmonton and the information was forwarded to ICE (Internet Child Exploitation).

His southeast Edmonton home was searched and a number of computer and electronic devices

were seized. He was arrested in a vehicle leaving the residence.

Currently ICE has no information about whether he offended on any children but are encouraging anyone with information to contact them.

Rothwell is currently out on bail, and has to obey a number of court-imposed conditions restricting his possession of electronic devices, and ability to be in the company of children.

He appears in court April 26.

METRO

CAN YOU HELP?

Currently ICE (Internet Child Exploitation) has no information about whether Rothwell offended on any children but the unit is encouraging anyone with information to contact them.



Sisters Kathleen Eichmann, left, and Lisa Randall at the Provincial Archives of Alberta. KEVIN MAIMANN/METRO

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Diary of an Albertan

HISTORY

1920s journals capture brutal hardships of rural Canada

 **Kevin Maimann**
Metro | Edmonton

Lisa Randall always looked up to her grandma.

Thanks to the Provincial Archives of Alberta, now everyone else can, too.

The archives keep the diaries written by her grandma, Alda Dale Randall while she was homesteading in northern Alberta in the 1920s after immigrating from the United States with her husband and children for free land.

Alda started High Prairie's first library as well as its first museum, all while being a schoolteacher and raising seven kids.

"She was an exceptional woman," Lisa said.

"She was my first feminist model. When we were growing up we would look at her and think, 'Hm, we're a girl living in northern Alberta, but we can do more.'"

Lisa has fond memories of living close to Alda as a child

and seeing her every week.

"She was a writer and a painter. She was very artistic. I remember going to see her at 2 o'clock in the afternoon, she was still in bed surrounded by a mountain of books. Art books, novels, magazines, she read voraciously," Lisa said.

"But she would also get up and make us pancakes with brown sugar syrup."

Much of her diary details the struggles of going hungry, living off of moose meat and floured gravy, and surviving frigid winters between an army tent and a small log cabin.

Lisa's aunt gave the diaries to the archive in 1994.

In 2016, the archives showcased an exhibit focused on Alda's life, with a closing ceremony that doubled as a family reunion of sorts.

Beyond telling a personal story, Lisa said the diaries are a valuable snapshot of the Canadian immigrant experience in the early 1900s.

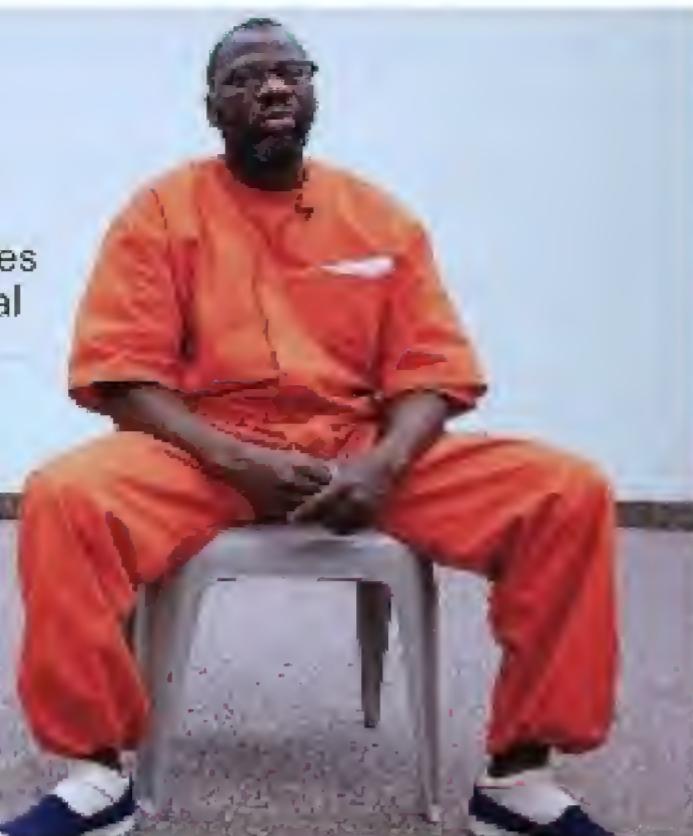
"We live in a very pampered bubble of comfort nowadays. They lived under brutal hardships," she said.

"The fortitude they have, it amazes me. I can hardly comprehend."

The Provincial Archives of Alberta is celebrating its 50th anniversary this year.

THE ISSUES

- Key sections of the forms left entirely blank.
- Both "no" and "unknown" boxes ticked on questions about mental illness and medication.
- Long gaps in time between assessments



Ebrahim Toure has never been charged with a crime but has been at the Central East Correctional Centre in Lindsay, Ont. for four years on immigration detention. TORSTAR NEWS SERVICE

'Deficient process'

DETENTION

Immigrants locked up based on dodgy risk assessments

Canada's border police have left vital records blank and said they lack the expertise to assess the risks posed by immigration detainees, documents filed in federal court reveal.

"I am not a medical or mental health professional," one Canada Border Services Agency officer wrote on a risk assessment form in 2015. "I have not received any training on the completion of the form. This assessment is cursory in nature and should not be construed as an accurate representation of the subject's risk or mental health status."

The form which the officer admitted he or she was untrained and ill-equipped to complete had real consequences for Kyon Ferril, the immigration detainee in question, as

it meant he would continue to serve his indefinite detention in a maximum-security jail rather than a less-restrictive facility.

Torstar's review of documents found erratic use of the form known as a National Risk Assessment for Detention, or NRAD. It is to be filled out when an immigration detainee is first incarcerated and, according to policy, should be reassessed every 60 days. The form determines in what kind of facility a detainee will be placed by classifying them as high-, medium- or low-risk.

The federal government runs three medium-security facilities dedicated to immigration detention, which are not full. But "high-risk" detainees are sent to maximum-security provincial jails, where, by the government's own calculation, two-thirds of the total number of immigration detention days are spent.

Lawyer Jared Will has taken the cases of two men to federal court to challenge the immigration detention system and is shocked by the "lack of com-

petence" of the officers filling out the forms.

"Very important decisions on people's basic liberty and security interests are being made in one of the most deficient administrative processes I've ever seen," he said.

Ebrahim Toure, a 45-year-old failed refugee claimant who was profiled last month as part of a Torstar investigation into immigration detention, has spent more than four years awaiting deportation at Central East Correctional Centre, a maximum-security jail in Lindsay, Ont.

Toure, who is detained on the grounds that he is unlikely to appear for his removal, has often wondered why he is not at the Immigration Holding Centre. He is not considered a danger to the public and had never spent a night in jail. Border services has said he was designated "high-risk" due to "criminality" in the U.S., which Torstar found consists of a conviction for selling pirated CDs and DVDs in Atlanta and a \$1,000 fine for "reckless conduct." Neither offence led to jail time. TORSTAR NEWS SERVICE

IN BRIEF

Training on sexual assault trauma wanted

Federal judges may not be the only ones in need of training to better handle sexual assault cases.

A group that represents Crown prosecutors told MPs on Tuesday that they could use training as well.

"We do not get adequate training and we particularly do not get training on the trauma of sexual assault," said Ursula Hendel, president of the Association of Justice Counsel.

RYAN TUMILY/METRO OTTAWA

ISRAEL

Transgender officer stresses tolerance



Shachar Erez recalls the day five years ago when, as an 18-year-old female soldier, the time he told his commanding officer that he believed he was a man. What would his army commander think? "She only asked me one thing: 'How can I help?' It was amazing."

The answer set him on a course to become an international ambassador of sorts on LGBTQ rights after becoming its first and highest-ranking openly transgender officer.

It was in that role that he was

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'The craziest act I've ever seen': a PR crisis for United

PUBLIC RELATIONS

Experts say airline totally fumbled on bumping fiasco

United Airlines is getting pummeled on late-night TV. Online, jokers are proposing new corporate slogans such as "We'll drag you all over the world" and "We have red eye and black eye flights available."

The cellphone video of airport police dragging a 69-year-old passenger off an overbooked flight has become a public-relations fiasco for United, with travel and experts saying the airline fumbled from the start and made matters worse with a tone-deaf apology from the CEO.

It's too soon to know whether Sunday night's incident at Chicago's O'Hare Airport will cause lasting harm. Many travellers go for the cheapest fare, no matter what the name on the plane. And United frequent flyers won't easily give up their miles.



Dr. David Dao of Elizabethtown, Kentucky, with his granddaughter and his wife Teresa. INSTAGRAM

Then again, there are those videos of the man being yanked out of his seat and pulled down the aisle on his back as other passengers gasped.

"That is the craziest act I've ever seen. Who drags a ticketed passenger off an airplane?" said

Bruce Rubin, a longtime practitioner of crisis public relations in Miami. "Because it's so visual and it's so unnecessary, it's the kind of thing that can hurt United long-term."

Just two weeks ago, United was at the centre of another PR

furor after a gate agent in Denver barred two girls from boarding a flight because they were wearing leggings.

The man hauled off the plane, David Dao, a doctor from Elizabethtown, Kentucky, had been told along with three other passengers to give up their seats so that four employees of the company operating the flight for United could board. Dao was the only one to refuse.

To make room on the plane, United had tried to entice volunteers with travel vouchers worth \$800 and a hotel room. When there were no takers, a United manager went on board and announced that four people would be removed.

Big mistake, say the crisis-management experts. Everyone wondered why United didn't simply sweeten the offer until four passengers agreed to get off.

"A few dollars could have solved this problem," said Allen Adamson, founder of Brand Simple Consulting in New York. "Instead, the damage of the brand will be millions of dollars."

THE ASSOCIATED PRESS

STOCK MARKET

One passenger equals a billion dollar mistake

4.4%

United Continental Holdings Inc. stock plunged 4.4 per cent Tuesday morning but recovered and was off 1.4 per cent shortly before the closing bell.

Earlier in the day Tuesday the massive plunge in stock value knocking off close to \$1 billion off the company's value before the stock bounced back a bit.

The recovery was attributed to a third and stronger *mea culpa* released by United CEO Oscar Munoz, in which he apologized for the "truly horrific event," saying, "No one should ever be mistreated this way." He prom-

ised a review of airline policies by April 30 and vowed to "fix what's broken so this never happens again."

THE ASSOCIATED PRESS

Who is Dr. David Dao?

the news in China, with many users accusing United of racism and calling for a boycott.

An 18-year-old Chinese student in the U.K. has even created an online petition calling on the U.S. government to investigate the violent incident.

"We are calling the federal government to launch an investigation into this incident. #ChineseLivesMatters," the petition says.

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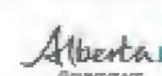
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Spicer apologizes for Hitler comment

POLITICS

Donald Trump's press secretary under fire from Jewish groups

White House Press Secretary Sean Spicer apologized Tuesday for making an "inappropriate and insensitive" comparison to the Holocaust in earlier comments about Syrian President Bashar Assad's use of chemical weapons — remarks that drew instant rebuke from Jewish groups and critics.

Spicer said in an interview with CNN that he was trying to make a point about Assad's use of chemical weapons and gas against his people but "mistakenly made an inappropriate and insensitive reference to the Holocaust, for which there is no comparison. And for that I apologize. It was a mistake to do that."

During the daily White House briefing, Spicer told reporters that Adolf Hitler "didn't even sink to using chemical weapons." Critics noted the remark ignored Hitler's use of gas chambers to exterminate Jews during the Holocaust.

It was the second day in a row in which Spicer, President Donald Trump's main spokesman, appeared to struggle to articulate the president's foreign policy at a critical time. The White House generated criticism at the start of the year when a statement on International Holocaust Remembrance Day did not make



White House press secretary Sean Spicer talks to reporters at the White House on Tuesday. ANDREW HARNIK/THE ASSOCIATED PRESS

any reference to Jews.

In the CNN interview, Spicer said his comments did not reflect Trump's views. "My comments today did not reflect the president's, were a distraction from him and frankly were misstated, insensitive and wrong," he added. "Obviously it was my blunder."

During the briefing, Spicer was asked about his initial statement but delivered a garbled defence of his remarks in which he tried to differentiate between Hitler's actions and the gas attack on Syrian civilians last week.

The attack in northern Syria left nearly 90 people dead, and Turkey's health minister said tests show sarin gas was used.

"I think when you come to

sarin gas, there was no, he (Hitler) was not using the gas on his own people the same way that Assad is doing," Spicer said.

"There was clearly ... I understand your point, thank you. There was not ... He brought them into the Holocaust centre I understand that."

"I appreciate the clarification. That was not the intent," he said.

After the briefing, Spicer emailed a statement to reporters: "In no way was I trying to lessen the horrendous nature of the Holocaust. I was trying to draw a distinction of the tactic of using airplanes to drop chemical weapons on population centres. Any attack on innocent people is reprehensible and inexcusable."

THE ASSOCIATED PRESS

Global digest

Draft resolution circulated

Britain, France and the United States have circulated a revised UN draft resolution that would condemn the reported use of chemical weapons in northern Syria and demand that all parties provide speedy access to investigators to the sites. The resolution also calls for those responsible for the attack to be brought to justice. AP

School shooter threatened his wife

The man who opened fire in a San Bernardino school was a pastor and Navy veteran who accused his newlywed wife of infidelity. When he failed in his efforts to win her back, he went to her classroom and fatally shot her and one of the special needs children she taught, police said Tuesday. AP

Hundreds missing

Authorities and aid workers are searching for several hundred migrants who disappeared after a fire ravaged their camp in the Dunkirk suburb of Grande-Synthe in France, a shocking blaze that exposed anew the challenges and tensions around Europe's migrants just 12 days before France's presidential election. AP

J. Geils Band leader dies

Musician J. Geils, founder of the J. Geils Band, known for such peppy early '80s pop hits as Love Stinks, Freeze Frame and Centerfold, has died at his Massachusetts home at 71. Police said in a statement Geils died of "natural causes." AP

150 WAYS of looking at Canada

POSTCARD NO. 70

ASSINIBOINE PARK, WINNIPEG



THIS PHOTO WAS TAKEN AT THE ASSINIBOINE PARK, WINNIPEG. I LOVE THIS PHOTO BECAUSE IT REMINDS ME OF ALEXANDRIA, MY HOME CITY BACK IN EGYPT. WE HAVE A SIMILAR PARK CALLED MONTAZAH GARDENS. THIS WAS ALSO TAKEN ON MY FAMILY'S FIRST DAY OUT AFTER WE IMMIGRATED TO CANADA. WE ENJOYED IT.

NAAOOM IBRAHIM

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Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at scene@metronews.ca or post to Instagram or Twitter with the hashtag #150postcards.

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EMMA TEITEL ON SUPPORTING THE WOMEN'S GAME



When I was a kid in the late 1990s, I attended a hockey camp at Seneca College in Toronto where the lead instructor was Angela James, a Canadian hockey legend dubbed the Wayne Gretzky of women's hockey by just about everyone who followed the sport at the time. A five-time world championship winner, James, in 2010, was one of the first women inducted into the Hockey Hall of Fame in Toronto. She was also only the second black athlete, and the first openly gay athlete, to make the Hall.

My own interaction with James was less momentous, but maybe more profound. The second day at camp, I peed in my hockey pants. It didn't matter that none of the other campers noticed: I was mortified. But James was wise enough to see that something was amiss, and kind enough to escort me to the bathroom right away. "It happens to the best of us," she said, handing me a fresh towel. I returned to the ice dry and happy, and saved.

It was a high point in my hockey career (getting a pep talk from a star athlete, not peeing in my pants) but I've always wondered if it was a low point in the career of Angela James. When Wayne Gretzky retired he was left with wealth and fame and the option to live the rest of his life in a golden state of leisure and golf. Angela James, a woman hockey genius, was left with the need to continue working a full-time job to survive (just as she had to work while she was playing hockey), including the opportunity to chaperone

Part of the solution may lie in playing up the skills women have that men lack.

Until sports fans give women's teams the daily attention they give men's teams, nothing major will change for professional female athletes or their salaries



WINNING STRATEGY Angela James, one of the first women inducted into the Hockey Hall of Fame, says the game should go barnstorming to build a fan base. TORSTAR NEWS SERVICE

incontinent kids to the bathroom. Very few female hockey players in the '90s and early 2000s could support themselves — let alone live the high life — on their earnings as professionals.

Nearly 20 years later, not much has changed. Consider, as a recent example, the women of USA Hockey. Winners of the last three world championships, (and some of the best players that ever lived), last month they threatened to boycott this year's IIHF Ice Hockey World Championships, if their parent organization didn't meet the team's demands for fair pay and increased publicity. USA Hockey stonewalled the team almost until the eve of the tournament, then finally agreed to a new deal. Henceforth the American women will each receive a \$2,000 training stipend every month, every year, and larger bonuses when they win medals at major tournaments.

As victories go, it's a precarious one, it seems to me. The source of the previous injustice still remains: general fan indifference to female team sports, except for a two-week period every four years when the Olympics are held. Until sports fans — men and, yes, women too — give women's teams the daily attention they give men's teams, nothing

major will change for professional female team athletes or their salaries.

Angela James agrees. I know because I called her up recently. James, who still works at Seneca College today as the school's sports co-ordinator, wonders if what's holding women's hockey back is, in part, a desire to emulate the NHL.

"I'm not the smartest business person, but I know that any business needs to go smaller before they go bigger." A good way to do this? Barnstorm, argues James. Women's teams, even at a junior hockey level, might have more success shoring up a sizable fan base if they start grassroots, touring small venues, in small towns and cities. "Go to a smaller rink where you can fill a smaller rink," she says. Of course, Hockey Canada has no trouble filling the ACC when the national women's team is in town, but they play large-scale venues only a few times a year. This gives hockey fans a token look at the women's game, says James, and not a whole lot more.

Part of the solution may lie in playing up the skills women have that men lack. Men's hockey is speedier and more violent, no doubt, but the female game is arguably smarter. It rewards strategy over size

and strength. Women's hockey is plenty tough, but knowledge of the game is paramount.

This is something Draymond Green, a power forward with the NBA's Golden State Warriors, sees when it comes to basketball. Green is a big fan of the WNBA. "In the NBA there's always a guy who is only around because he can jump," Green told Sports Illustrated last year. "He doesn't have a clue about the fundamentals. I learn more from the WNBA. They know how to dribble, how to pivot, how to use the shot fake."

They also know, presumably, how to work a second job, and possibly help out young players with bladder malfunctions. They may forget specific names and faces, but they don't forget the experience. Angela James, for instance, has no memory of helping me personally out on the ice, because, she says, I was one of several campers over the years who wet themselves mid-drill. Either way, she assures me the incident would "absolutely not" constitute a low point in her career. "Unless it was puke," she said. "I can't do puke."

The thing is, men rarely have to.

Emma Teitel is a Toronto Star national affairs columnist.

VICKY MOCHAMA

Forget what the boss says or the computer allows; just be good to each other

A company pays you for your labour — not so you can abdicate all moral responsibility.

By now, you've seen the video of a doctor being dragged off a United Airlines flight. For obvious reasons, it is upsetting.

But the more insidiously upsetting thing is that we have become inured to one another: Human beings enforced the company's rules.

News reports say United requested four people give up their seats in order to give those seats to ground crew. When no one on the flight volunteered, people were selected at random and told to get off the plane in exchange for vouchers.

The passenger pled his case: he had to get back to Louisville to see patients. But the airline's agents and security had already bought into the company's logic.

And because the man had not, he had to be forcibly removed, or in the parlance of United, "re-accommodated."

Defending their actions, the police say the passenger "fell." The video clearly shows that the police, shall we say, re-accommodated him into a non-standing position.

We have become used to a system that isolates us from each other and a logic in which the state protects companies from us. How often has a reasonable request been denied because "the computer can't do it?"

Corporations (and the state) have an interest in reinforcing our helplessness. And it's taught early.



The New York Times reports that New Mexico has outlawed "lunch shaming," when cafeteria workers shame kids whose parents haven't paid their school lunch bills. Children can be made to do chores in exchange for their lunch or branded with stamps and wristbands.

Let us set aside for the moment that one of the richest nations in the world can't feed the children it is educating. Let's focus on the smaller acts of intervention.

Lunch shaming is a sickening practice, but there are cafeteria staff who resist it. The Times reports that one worker had taken to paying some students' debt. Another had quit rather than deny food to children.

Most of us work for corporations with similar logic to United Airlines and school lunch providers.

Their goal is to maximize efficiency. But it doesn't have to be ours.

Because I lose my debit card as often as I possibly can, I have been grateful for the baristas who waved off my pitiful change, the bus drivers who waved me on when my pass didn't work, and the taxi drivers who got me home safe for free.

The gap between human empathy and corporate logic is not always as dangerous as being bloodied during a flight, but it can be, which is why we have a responsibility to resist it.

The world will not fall into anarchy if we exercise more compassion.

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'You're not going to fix the world in one night'

Subject of new documentary Perfume War on how to run an ethical business

Melita Kuburas
Metro | Canada



She's a half-Jewish, half-Catholic woman from Nova Scotia doing business with Muslim men in Afghanistan. At least, these are the facts people often bring up to Barb Stegemann, asking: How do they treat you?

"The men in these countries treat me better than the white men in my own community," Stegemann says, always quick to point out that in Canada, we too live in a patriarchy.

"What's beautiful about ethical business is that they don't care what your gender is, or your faith. If you pay on time, you're good," says Stegemann in an interview with Metro's editorial team.

The founder and CEO of The 7 Virtues is the subject of a new documentary opening across Canada Friday called Perfume War, which profiles how she launched her fragrance business as a single mom, putting \$20,000 of debt on her credit card.

Her motivation was an extraordinary event that changed many lives: In 2006

her best friend, Capt. Trevor Greene, took an axe to the head wielded by a member of the Taliban during what was supposed to be a protected meeting (shura) between Canadian Forces and tribal elders in Afghanistan. His attacker was an illiterate 16-year-old who was shot before he could

strike again, but the first blow caused serious brain injury and left Greene unable to walk.

At his bedside in a Vancouver hospital, Stegemann vowed to continue Greene's peace-oriented mission. She found a supplier in Afghanistan named Abdullah Arsala who was selling essential oils to make perfume in an effort to derail the country's dependence on the dangerous and illegally grown poppy crops, used to make opium.

She launched her company in 2010 and now, 7 Virtues' line is expanded to five fragrances with oils also sourced from distilleries in Rwanda, Haiti, Israel, and Iran, with national distribution in Hudson's Bay and Lord & Taylor in the U.S.

"You're not going to fix the world in one night, but if you start you'll look back in six years and say we've made a difference," says Stegemann, who is now ready to take her company to the next level.

She has her eye on the Holy Grail of the beauty industry: Sephora.

Next week, Stegemann is travelling to San Francisco to take part in Sephora's accelerator program, which aims to support women in the industry. Only four per cent of CEOs in the beauty business are female, she says. The 48-year-old will be mentored on how to revamp her per-



Barb Stegemann launched her perfume company, The 7 Virtues, after her best friend was seriously injured in Afghanistan. Capt. Trevor Greene (pictured with Stegemann when they were younger) was attacked with an axe by a member of the Taliban, which caused brain damage.

LIZ BEDDALL/FOR METRO

fumes so that she can pitch to the company and get them on the retailer's shelves.

In startup years, The 7 Virtues is an old company. One of her challenges is to show she's willing to do anything to become a global brand.

"You have to show that you're not attached to your ideas and you're malleable," she says, of the program. "If you said to me two months ago 'Why don't you redesign your fragrances?' I would have been like, don't you dare!"

But now, she has hired a new perfumer with the ultim-

ate goal to increase sales and buy more oils from her distillery suppliers. This brings direct benefits to those communities.

In Rwanda, for instance, a woman working for patchouli supplier Nicholas of Ikirozi earns three times the income a coffee crop worker makes; in Afghanistan, the rose farmers make twice that of illegal-crop growers.

So while Stegemann's mission has only just started — she still wants to make a perfume using oils from Palestine — her best friend, who has



made remarkable progress on his recovery, is happy with all that she has been able to accomplish.

"Barb completed my mission," says Greene in the documentary. "Who would have thought... perfume?"

TIPS FOR A SOCIAL ENTERPRISE

• Partner with government agencies and NGOs

"Anyone who wants to be a social entrepreneur should have their supplier pre-qualified so you can feel safe knowing you're working with someone who's good to their farmers, not using pesticides, all the things you care about in your product sourcing," says Stegemann. She worked with CIDA, Building Markets, The Clinton Foundation and USAID.

• Ask a lot of questions of people you work with

"A social entrepreneur needs to be curious and be OK with 'no' and ask again. I didn't always get direct answers."

• Spend time to build trust with your partners

Stegemann says she is transparent with her suppliers, and is happy to bring them new business even if it means her company won't be so "special."

"Over the years they see that you're not just in it for your oils," she says.

MELITA KUBURAS/METRO

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Speak of the devilled (eggs)



DO IT LIKE THE PROS

1 HOW TO BOIL AN EGG

Place eggs in a large pot or saucepan. Add cold water until eggs are covered by an inch of water. Bring water to boil. Reduce heat to simmer. Cover and let cook for 12 to 14 minutes. Drain and immediately submerge in ice-cold water for at least 20 minutes before peeling.

2 HOW TO PEEL AN EGG

A cold egg is less likely than a still warm egg to dent or stick to the shell when peeled. When cooled, remove from water and gently tap the eggshell all over. Peel the egg in a bowl of cold water to wash away any sticky bits of shell.

3 HOW TO STORE DEVILLED EGGS

Devilled eggs are best eaten immediately but can be made up to a day in advance. Store the cooked whites and yolk mixture in separate containers in the fridge and assemble just before eating. This also ensures the eggs don't fall apart or get crushed if being transported to a party.

Decorating eggs for Easter is fun, until you're left to eat a carton of plain boiled eggs — not much of a treat. Why not add colour to the egg whites and flavour to the yolks? We started with the delightfully retro devilled egg and gave it three distinctly different flavours. TORSTAR NEWS SERVICE

Borscht Eggs

These eggs have a deep purple-pink tinge after marinating in pickled beet juice overnight. Mixing the yolks with horseradish and topping it off with herring, capers and dill completes this Russian-inspired appetizer.

2 1/2 cups (625 mL) water
1 cup (250 mL) apple cider vinegar
2 tbsp (30 mL) granulated sugar
1/2 tsp (2 mL) Kosher salt
1 small beet, peeled and sliced thinly
6 hard-boiled eggs, peeled
2 tbsp (30 mL) mayonnaise
2 tbsp (30 mL) prepared horseradish
1/2 tsp (2 mL) fresh dill, plus more for garnish, chopped
Freshly ground black pepper, to taste
Jarred pickled herring, for garnish
Capers, for garnish

In a saucepan, combine water, vinegar, sugar salt and beets. Bring to boil over medium-high heat. Turn heat down to medium and



simmer for 5 minutes. Place boiled eggs in a bowl and add beet mixture. Make sure eggs are submerged. Cover with plastic wrap and refrigerate overnight. Stir occasionally for even colour distribution.

Mash yolks with a fork and stir in mayonnaise, salt and pepper until creamy and combined. Dispense yolk mixture back into egg whites. In a small skillet, heat oil. Add chickpeas and sauté until browned and crispy, about 6 to 8 minutes. Remove excess oil. Garnish eggs with fried chickpeas and additional pinch of cayenne. Serve immediately. Makes 12.

Soy Sauce and Miso-Ginger Eggs

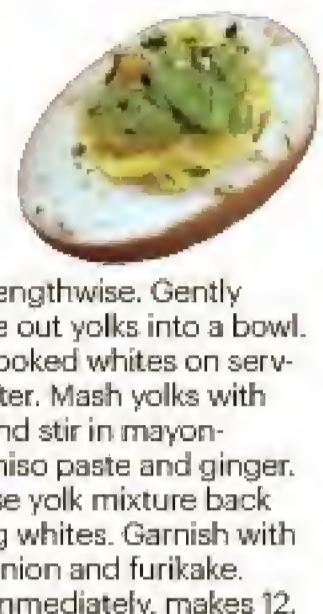
2 1/2 cups (625 mL) water
3 tbsp (45 mL) dark Chinese soy sauce
1 tsp granulated sugar
2 slices fresh ginger
3 star anise pods
1/2 tsp black peppercorns
6 hard-boiled eggs, peeled
2 tbsp (30 mL) mayonnaise
1 tsp (5 mL) white miso paste
1/4 tsp freshly grated ginger
1 stalk green onion, finely chopped

In saucepan, combine water, soy sauce, sugar, ginger, star anise and peppercorns. Bring to boil over medium heat. Turn down to low and let simmer for 5 minutes. Pour soy sauce mixture over eggs, ensuring eggs are submerged in liquid. Cover with plastic wrap and refrigerate overnight. Stir every so often for even colour distribution. Drain liquid and discard.

Curried Eggs

2 1/2 cups (625 mL) water
1 cup (250 mL) apple cider vinegar
1 tbsp (15 mL) ground turmeric
1/2 tsp (2 mL) Kosher salt
6 hard-boiled eggs, peeled
2 tbsp (30 mL) mayonnaise
1/2 tsp (2 mL) curry powder
Pinch of ground cumin
Pinch of cayenne
1 tbsp (15 mL) canola or vegetable oil
1/4 cup (60 mL) canned chickpeas, drained, rinsed and dried

Combine water, vinegar, turmeric and salt. Boil and simmer for 5 minutes. Place eggs in a bowl and pour turmeric mixture over eggs to completely submerge. Refrigerate overnight. Serve immediately. Makes 12.



spices. Slice eggs in half lengthwise. Gently squeeze out yolks into a bowl. Place cooked whites on serving platter. Mash yolks with a fork and stir in mayonnaise, miso paste and ginger. Dispense yolk mixture back into egg whites. Garnish with green onion and furikake. Serve immediately, makes 12.

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Plan the perfect brunch this Easter

RECIPE

Combine ham and kale for this delightful holiday bite

Ricardo Larrivée
life@metronews.ca

I love laying out a brunch spread for Easter. Unlike Christmas, it's a holiday that's relatively pressure-free — there aren't too many expectations in my family and our traditions aren't set in stone. Not only that but it's usually been a while since everyone has gathered around the table for a big, leisurely meal.

When spring is in the air, I love to take advantage of the season's fresh produce. Eggs are fun to include (they scream Easter, after all) and ham is a classic in our house, though I tend to prepare it differently every time.

Ham and Kale Onion Tart

Makes 4 to 6 servings.



This ham and kale onion tart could be the ideal brunch treat this Easter. CONTRIBUTED

Ingredients:

Crust:

- 1-1/4 cups (190 g) unbleached all-purpose flour

- 1/2 tsp (2 mL) baking powder

- 1/4 tsp (1 mL) salt

- 1/2 cup (115 g) cold butter, cut into cubes

- 1/4 cup (60 mL) ice water

Filling:

- 3 red onions, thinly sliced
- 3 tbsp (40 g) butter
- 2 eggs
- 1/2 cup (125 mL) 35% heavy cream
- 1/2 cup (50 g) grated Emmental cheese
- 1/2 lb (225 g) cooked ham, diced
- 2 cups (60 g) coarsely chopped kale, stems removed

ate for 30 minutes.

4. For the filling, with the rack in the middle position, preheat the oven to 400 F (200 C).

5. In a non-stick skillet over medium heat, soften 2 onions in 2 tbsp of butter. Let cool.

6. In a bowl, beat eggs with cream. Add cheese. Season with salt and pepper. Layer onions on crust. Pour egg mixture over onions.

7. Bake for about 30 minutes or until crust is golden brown.

8. In the same skillet over high heat, brown remaining onion, ham and kale in remaining butter for 3 minutes or until the kale has wilted and ham is heated through.

9. Unmould tart and slide onto a cutting board or serving plate. Top with ham and kale mixture.

10. Serve hot or cooled.

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RECIPE

A crisp salad that spotlights radicchio

Radicchio is one of those leaves that take a while to master. It has a superbly crisp texture and packs a hit of pleasant bitterness.

This dish gives the purple plant the spotlight — second only to crunchy, toasted pecans...

Radicchio, Pear and Pecan Salad

Makes 6 to 8 servings.

Ingredients:

- 1/4 cup (60 mL) olive oil
- 4 tsp (20 mL) white wine vinegar
- 1 tsp (5 mL) Dijon mustard
- 3 pears, ripe but firm, cored and cut into thin wedges
- 1 radicchio, thinly sliced
- 1 head Boston lettuce, torn into pieces
- 1/2 cup (50 g) pecans, toasted

Directions:

1. In a bowl, whisk together oil, vinegar and mustard. Season with salt and pepper. Set aside.

2. In another bowl, toss pears with radicchio, lettuce and pecans.

3. Spread onto a large serving dish and dress with the vinaigrette. RICARDO LARRIVEE



This radicchio pecan salad is the perfect healthy Easter bite.



ROSE REISMAN THE SAVVY EATER

THIS WEEK: Assessing Chinese meal options

If you feel like Chinese food tonight, should you choose the honey garlic pork or chicken chow mein?

PICK THIS

Wong Wing Chicken Chow Mein

1 serving (200g)
Calories 190
Fat 1g
Sodium 770mg
Sugar 4g
Protein 11g



SKIP THIS

Wong Wing Honey Garlic Pork

1 serving (200g)
Calories 330
Fat 6g
Sodium 810mg
Sugar 35g
Protein 19g



TV BRIEF

CBC apologizes for Canada: The Story of Us

The CBC apologized Tuesday in the wake of accusations of inaccuracies in its docu-drama "Canada: The Story of Us."

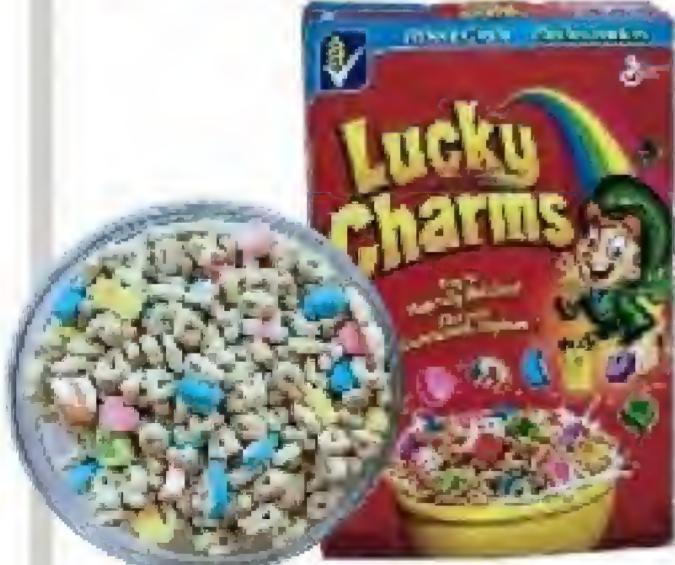
Politicians in Quebec and Nova Scotia are among those who have complained about the facts in the 10-hour series, which premiered on March 26.

"Whenever you recount a country's history, there will inevitably be citizens, historians and politicians who will have different points of view, and that's certainly been the case with 'Canada: The Story of Us,'" CBC spokesman Chuck Thompson said in a statement.

"After the first two episodes, some people felt misrepresented and for that, we apologize. We fully recognize that not everyone will agree with every perspective presented. Our intention was never to offend anyone or any group, nor diminish the importance of any of the stories that were not included."

THE CANADIAN PRESS

HERE'S WHY

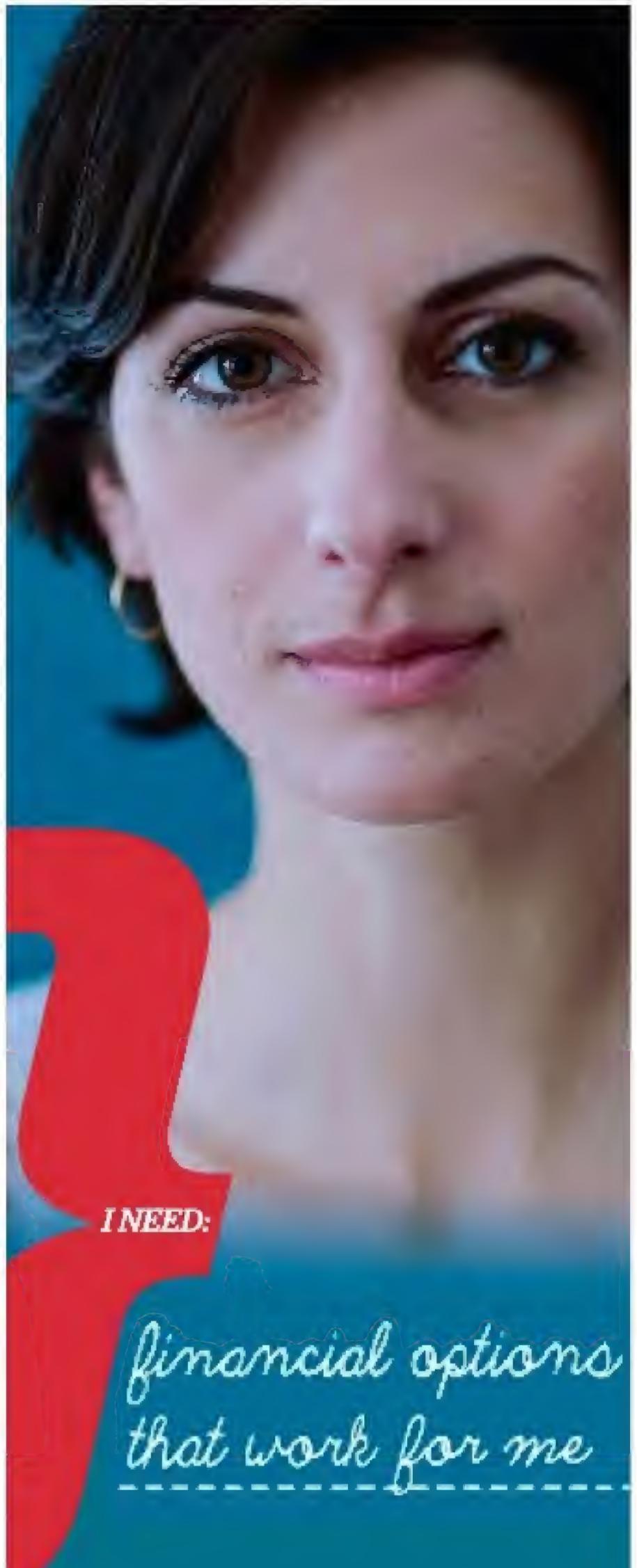


Honey Garlic Pork equivalent in sugar to 2.5 cups of Lucky Charms

Chinese food is a favourite, whether it's takeout or a quick and easy store-bought meal.

While you know that these meals are far from being nutritionally balanced, one can still be a better choice. The sweet taste of honey garlic comes from sugar and honey, which gives you about 9 tsp of sugar per serving. Additionally, Honey Garlic Pork has a third more calories and six times the fat.

The Chicken Chow Mein saves you on calories, fat, sodium and has very little sugar, but with less protein, may not keep you full. Take note: Neither is nutritious, so keep this to an occasional quick fix for your Chinese food cravings.



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Sheryl Crow's new album, *Be Myself*, out April 21, has political and social themes. AP

Sheryl Crow's return reflects new times

MUSIC

Singer's new album helped her after Trump victory

Last year, Sheryl Crow started a petition on Change.org to shorten the U.S. presidential election cycle. The Grammy-winning singer-songwriter said

she was exhausted by the constant mudslinging and divisive language.

"I felt like it was becoming so hateful that I had to watch to make sure my kids didn't pick up the remote and turn the TV on," she said, adding that it upsets her that technology and social media change conversation.

"Now we have this forum for haters to come out and say the worst thing you could possibly

say to someone without having the experience of reaction. We've learned to be a society without empathy and without compassion."

The ways people interact became a central theme on her upcoming album, *Be Myself*.

Crow said the album helped her after Donald Trump's victory.

"I started losing faith and not only for our country, but for the people that voted for him," Crow said. ASSOCIATED PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

Girls still hits new heights in last season

THE SHOW: *Girls*, Season 6, Episode 8 (HBO)

THE MOMENT: The diner

Hannah (Lena Dunham), pregnant, and Adam (Adam Driver) sit in a diner booth. It's been a remarkable day. Out of the blue, he told her he wants them to reunite. He'll raise her baby with her. She admits how frightened she's been of doing it alone.

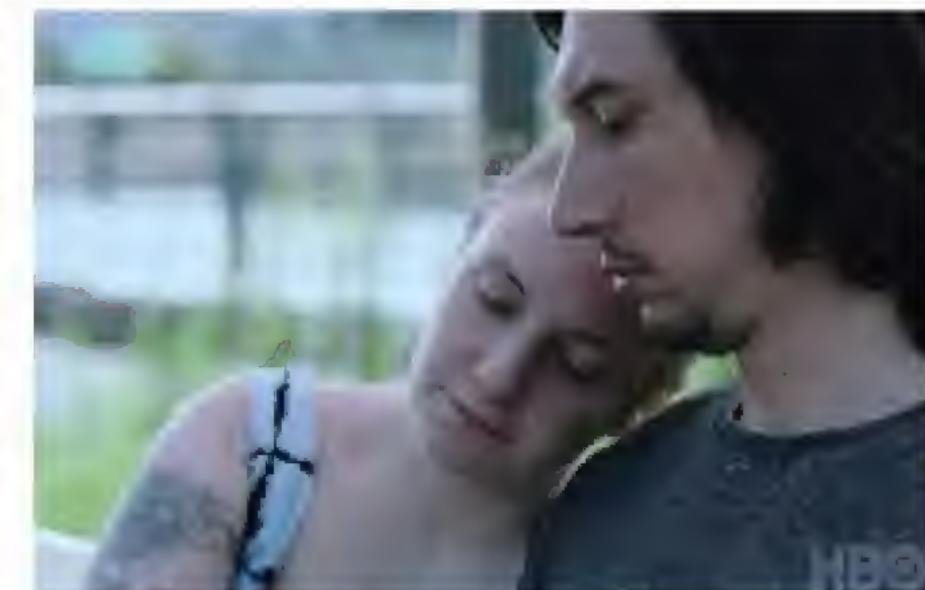
They discuss moving in together. "I'm on the list for artist housing," he says. "They tend to favour married couples, though, so it might help if we did that."

Almost imperceptibly, Hannah blanches. But she natters on about joining a food co-op, "though I find the whole shift demeaning."

"I can do the shifts, if you handle the bills," Adam says.

She nods. But somehow she's crying. His smile fades.

Hannah doesn't speak. But the pain on her face says everything: As scary as it is to be alone, she can't be with him. She can't go backward. In the silence of her falling tears, we



Girls is one of the best as it approaches its finale. CONTRIBUTED

can hear their hearts crack.

Some series rise to magnificence in their final season — *The Sopranos*, *Six Feet Under*, *Breaking Bad*. They somehow both steam forward and reach the apotheosis of all their themes. Add *Girls* to that list.

This diner scene is everything. It encompasses an entire relationship, past, present and future, wordlessly. Did the script once have more dialogue? Did

they pare it away as they realized Dunham's eyes could convey all they needed? Or was it always this shimmeringly silent?

That "voice of a generation" crack Dunham made in the pilot episode? Damn if it hasn't come true.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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SIOUX LOOKOUT

New health plan trying to fill gaps for First Nation communities

Providing medical services to an area as large as France is no easy task. Sioux Lookout and the surrounding region has 33 communities, and the majority of the 32,000 people living there are only accessible by air transportation. Covering the health needs of these communities is accordingly a formidable challenge.

Yet a new initiative from the Sioux Lookout First Nations Health Authority hopes to unite existing services to meet that challenge.

"Our communities are remote and poverty-stricken. Their health has become a state of emergency," says Dr. Terri Farrell, Sioux Lookout's medical director. "There's extremely poor physical and mental health in the region, with high instances of mental health issues."

So in February 2016, after a Health and Public Health emergency was declared for the region, an initiative was offered via the Ontario Indigenous Health Action Plan. "We could apply for an interdisciplinary and primary health care team at \$3 million a year," says Farrell. "It isn't a lot for what we need. But it was the first step."

The plan would supplement the current setup of physicians and Health Canada nurses working in the region. "This would fill the gap



CONTRIBUTED

of services," says Farrell. This comes in the form of 20 health care providers such as family physicians, nurse practitioners, dieticians, mental health workers, physiotherapists, occupational therapists and more. While the group would focus on children and youth health, it wouldn't exclusively serve that population.

Importantly these services are based on an outreach model. "While the head office is in Sioux Lookout, the focus is providing these services in the communities as much as possible," says Farrell. "It's a big initiative. That is why we need smart and dedicated people to deliver these vital services. We are looking for people that want to make a difference."

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Sioux Lookout
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April now the coolest month for TV

TELEVISION

Top shows mean spring no longer a rerun wasteland

It wasn't all that long ago that spring marked the tail end of TV series' seasonal lifespans.

In the network system, most shows wrapped up their annual runs, took the summer off, and premiered again in the fall to help people shake off the blunt force trauma of the end of vacation and a return to work and school.

But in the modern age, with producers relentlessly trying to entice viewers, there's no set agreed schedule.

That's to the benefit of consumers. With a constant stream of new, quality content, no longer do we have to sit through a wasteland of reruns until autumn rolls around.

And right now, April is the very best month TV has to offer.

If you're a sports fan, this month of TV is shaping up in a way it hasn't in years.

The NHL's Maple Leafs have



Clockwise from left: *Fargo* season 3 star Olivia Sandoval, Bob Odenkirk, Giancarlo Esposito and Jonathan Banks of *Better Call Saul*, and Carrie Coon and Justin Theroux in *The Leftovers*.

secured a playoff berth for the first time since 2013; the NBA's Raptors have already secured a playoff spot, and both baseball's Blue Jays and soccer's Toronto Football Club are kicking off their seasons after successful campaigns last year.

However, the behemoth April TV has become is about much

more than sports. Viewers have first-rate dramas premiering every week this month and there's something for everyone:

For starters, there are several critically-acclaimed series whose fans are cuticle-less in anticipation of the returns.

The first, *Better Call Saul* (April 10, AMC), begins its third

season and promises the sad-but-inevitable moral disintegration of Bob Odenkirk's Jimmy McGill into *Breaking Bad*'s infamously wormy Saul Goodman.

The first two seasons of the show did terrific work at building Jimmy/Saul's backstory and humanizing him, but producers Vince Gilligan and Peter

Gould are using these next 10 episodes to illustrate his downfall and slick-slide into villainous territory.

Oh, and the iconic monster known as Gus Fring — last seen (spoiler alert!) blowing up real good in a nursing home in *Breaking Bad*'s fourth season — will make an appearance.

Better Call Saul is a fantastic companion story to the masterful one first told, and it's more than worth catching up on the first 20 episodes.

Nine days later, another phenomenal series returns for its third season: *Fargo* (April 19, FX), which won a slew of prime-time Emmy Awards and Golden Globes in its first season, and received rave reviews with an entirely different cast last year.

Filmed in Calgary, the anthology — based on the Coen Bros.' 1996 movie — will feature new cast members this year, including Ewan McGregor in two roles, and co-stars Carrie Coon (*Gone Girl*).

The outstanding Coon also has a starring role in *The Leftovers* (April 16, HBO Canada), returning for a final third season. Produced by *Lost* co-creator Damon Lindelof, the show is as mysterious and bleak as TV gets, and its stellar cast makes the plot a continuing revelation.

If that isn't enough, April also sees the return of favourites such as *Archer* (April 5, FXX); *Veep* (April 16, HBO); and *Doctor Who* (April 15, Space).

TORSTAR NEWS SERVICE



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ON THE MENU



START A NEW TRADITION THIS EASTER DINNER

If you're looking to do something a little less traditional for Easter dinner this weekend, Panda Hut Express has you covered.

Panda Hut Express has a full catering menu that lets you customize orders of delicious Asian cuisine with prices that range between just \$8 and \$9 per person.

"It's the time of year families get together and this year, it doesn't have to be the same old boring turkey dinner again for Easter," says

Panda Hut Express owner Sunny Ng. "Why not save a turkey and save yourself all the hustle and bustle that goes along with cooking a family dinner this year — order from Panda Hut and let us take care of everything."

Panda Hut Express' catering menu has dozens of entrees to choose from, including beef and broccoli, lemon chicken, and sweet and sour pork; sides like Shanghai noodles and pork dumplings; and delicious add-ons including

deep fried shrimps, veggie spring rolls, and chicken balls.

Panda Hut offers free delivery from both their north side location at 14204 118 Ave. and their south side location at 10879 23 Ave. NW. Ng says any sized dinner can be accommodated and orders can be made online and delivered anytime between 11 a.m. and 11 p.m. Go to pandahutexpress.net to see Panda Hut Express' full catering menu and to place an order.

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THE CHECKLIST | 2018 CHEVROLET EQUINOX

THE BASICS

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Output: 170 horsepower, 203 pound-feet of torque

Transmission: 6-speed automatic

Fuel Economy (l/100 km): 9.0 city, 7.4 highway, 8.4 combined (est.)

Price: Starts at \$26,995



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- Not as spacious as a CR-V
- Seems to wander
- Could be quieter

INSTRUCTIONAL

Know your angles before off-roading

Stephen
Elmer
AutoGuide.com

DO IT YOURSELF

How to measure angles

Take something long and straight like a broom or a yardstick and place one end exactly where the front tire makes contact with the ground. Take the other end and lift it until it hits the

lowest point at the front of your car, often a piece of bumper. Use a protractor to find the angle compared to the ground — that's the approach angle. Repeat these steps at the back for the departure angle.

types of obstacles you can drive over without hitting your bumper while ascending or descending.

Imagine a ramp. If the ramp is

too steep and you try and drive up it, the front bumper of the vehicle will hit the ramp before the wheels have a chance to start

climbing. So the maximum angle from the ground that the ramp can have without the front bumper colliding is known as approach angle, while at the rear end, it's known as the departure angle.

There is a third angle that is important for off-roading: the breakover angle. This is the angle between the bottom of your tires and the mid-point of vehicle's underside. If the breakover angle is exceeded, it will leave the vehicle turtle — where all four wheels come off the ground and lose traction.

Approach, departure and



Approach angles and departure angles determine whether you'll be able to tackle that ridge up ahead. iSTOCK

breakover angles are governed by a number of vehicle design characteristics. The overhang of the bumper past the axles helps to determine ramp angles, along with the design of that bumper. An ideal off-roader will have a rounder bumper style or one that doesn't protrude unnecessarily. The overall ground clearance of the vehicle will also determine what the ramp angles will be. Some examples of excellent ramp angles come from vehicles like the Jeep Wrangler, with an approach angle of 42.2, and the Toyota 4Runner, with an approach angle of 33 degrees.

REVIEW

Drive boasts local cuisine and Equinox's best assets



Craig Cole
AutoGuide.com

At new-vehicle launches, it's always a bit suspicious when an automaker spends more time hyping the drive route or lunch stops than they do the product.

Chevrolet seemed proud of the area roads and local cuisine we would experience in the Carolinas when they invited AutoGuide.com down to Dixie for a test of their overhauled 2018 Equinox. There was no technical lecture or in-depth walkaround of this new compact crossover; only a marketing spiel on the second day. But this apparent caginess was unnecessary as the new Equinox is a solid product they have every right to be proud of.

One of their greatest feats was getting this vehicle to shed about 400 pounds, roughly a 10 per cent reduction. The body is nearly five inches shorter, something that helped, but this change had no ill-effect on utility. Maximum cargo capacity has been increased by around 99 litres. With the back seats folded down there's just shy of 1,812 litres available.

The Equinox's interior bears a strong resemblance to what's found in other recent Chevrolets. Efficient and refined, spacious and tech savvy, there's no reason why it shouldn't give rivals a run for their money in an increasingly competitive segment.

materials where you want them, like the armrests and upper portions of the dashboard. Front or rear, seat comfort is admirable.

None of the offerings in the compact segment drive like sports cars and this Chevy's no exception. The 1.5-litre engine pulls strongest around 3,500 RPM. Power is adequate, but the vehicle is never particularly enthusiastic. Climbing the Blue Ridge Mountains around Asheville, North Carolina revealed that this crossover is a little taxed, moseying up the hills even at wide-open throttle. A full load of passengers and parcels would reduce vigor even more.

Still, on flatter terrain or lower elevations the performance provided is perfectly fine for a large swath of crossover customers. Buyers that want more giddy-up can always opt for the 2.0-litre engine.

If there's a downside to the way this vehicle drives it's the steering. I found it decently communicative but even with the optional lane-keep assist enabled the Equinox wanders, requiring constant correction to keep it within the lane markers.

Equinox offers a wide range of advanced driver-assistance technologies including low-speed forward automatic braking; blind-spot monitoring; rear cross-traffic alert; a visual parking aid; and a vibrating safety alert seat.

The 2018 Equinox doesn't necessarily feel like a best-in-class crossover, but it's certainly one of the better offerings. Efficient and refined, spacious and tech savvy, there's no reason why it shouldn't give rivals a run for their money in an increasingly competitive segment.

3

GIMMICKY AUTOMOTIVE FEATURES

Cars today are packed with more features than ever before. While most were developed with good intentions, some end up being no more than an advertising line. You know the ones; these features attract an awful lot of attention and might seem great in theory, but never end up being truly useful in real life. On that note, here's a list, in no particular order, of some of the most gimmicky features on the market today. **DAN ILIKA/AUTOGUIDE.COM**

Digitized by srujanika@gmail.com



1 Rolls-Royce's fibre-optic headliner

As far as lighting systems go, the only thing more outlandish than Mercedes-Benz's Swarovski crystal headlights (don't even get us started) is this fibre-optic headliner offered by Rolls-Royce. Because buying a convertible to actually look at the stars is far too peasant-like, the automaker's bespoke division will gladly stitch you a headliner full of as many as 1,600 fiber-optic lights. And people say kids these days don't spend enough time outside.



2 Cadillac's rear camera mirror

Replacing a traditional rear view mirror with a camera display is a sign of the times. It's also a little too gimmicky for our liking. Cadillac claims this fancy digital display, which uses a rear-mounted camera to display a live look at what's behind the car, improves rearward vision by 300 percent compared to a traditional mirror. It's a great idea in theory, but we've tried using it before and just can't get used to it, so it ends up being pretty useless especially at night. Chalk this one up to the old if-it-ain't-broke adage.



3 Cabin perfume dispensers

Speaking of unpleasant odors, cruising around with an air freshener dangling from a rearview mirror is tacky, especially in a pricey premium vehicle. The solution, then, is to integrate fresh scents directly into the car's HVAC system. Mercedes-Benz and BMW have both done this, though it's hard to think of it as anything less than a neat trick to show off to friends. Just believe us when we tell you that the novelty will wear off quicker than the "energy of cool woodlands" scents brought on by BMW's Green Suite of smells.

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Ford finds way to lull babies to sleep

AUTO NEWS

Tesla reports record sales

Tesla continues to surprise with its sales figures despite reports of delays and other hiccups.

So far this year, Tesla has delivered 25,000 cars, a 69 per cent increase from the first quarter last year. Reuters reports this is a new quarterly record for the American electric car manufacturer.

Of the cars delivered in the first quarter of the year, Tesla said 13,450 were Model S sedans and 11,550 were the Model X. Tesla says it expected total deliveries to hit 47,000 to 50,000 by the middle of the year.

Last quarter, Tesla ran into production delays as it implemented new AutoPilot hardware, which resulted in fewer deliveries. The smaller and more affordable Model 3 sedan is expected to arrive later this year, but again, it wouldn't be surprising if it was also delayed. JODI LAI/AUTOGUIDE.COM



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 An advertisement for Driving Force. The top half shows a close-up of a car's interior, specifically the dashboard and steering wheel. The bottom half shows a silver car from a front-three-quarter angle. The Driving Force logo is at the bottom left, and the text "Vehicle Rentals | Sales | Leasing" is at the bottom right.

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LEGO

Build a McLaren

A second McLaren supercar has joined the ranks of the LEGO Speed Champions series. The McLaren 720S supercar will become available for everyone to enjoy in June, shortly after the actual 720S supercars are delivered to their owners.

The 720S joins the McLaren P1 in the ranks of supercars immortalized by LEGO. The new 720S LEGO kit is great for aspiring car designers, as it includes a mini designer, a design studio desk complete with coffee cup and original design sketch and a 3D-printed model car. STEPHEN ELMER/AUTOGUIDE.COM



LYNK & CO

Concept leaked

Photos of the Lynk & Co 02 sedan have made an early appearance online.

Images were posted on Adamsky Management with credit to Fredrik Etoall for Lynk & Co. But Lynk & Co hasn't unveiled the concept, so it's possible that Etoall accidentally posted the pics early, previewing the wild concept sedan with rear suicide doors.

While we don't know much besides styling, it shows the versatility of Volvo's architecture as Lynk & Co is owned by the same Chinese company that bought the German automaker. JASON SIU/AUTOGUIDE.COM



ALL PHOTOS HANDOUTS

PARENTING

Ford rocking babies to sleep

One of the quickest ways to put a toddler to sleep is by driving them around in a car. But that isn't always convenient, which is why Ford has created a cot that simulates the motion, engine noise and even the street lighting of a nighttime drive, so parents can put their babies to bed from inside their home.

The Max Motor Dreams looks like a regular cot, but comes to life using a smartphone app. Users can also record and play back the comforting movement, lights and sounds of a particular trip. The Max Motor Dreams was supposed to be a one-off, but Ford is considering production after receiving numerous inquiries.

"While a quick drive in the family car can work wonders in getting baby off to sleep, the poor old parents still have to be awake and alert at the wheel," said Max Motor Dreams designer Alejandro López Bravo. JASON SIU/AUTOGUIDE.COM

IN BRIEF

Explosions near Dortmund bus halt quarter-final

Three explosions went off near the team bus of Borussia Dortmund, one of Germany's top soccer clubs, as it set off for a Champions League quarter-final match on Tuesday. Dortmund defender Marc Bartra was injured.

Police said they were working on the assumption that the blasts were directed at the Dortmund team and caused by "serious explosive devices," which may have been hidden in a hedge near a car park.

THE ASSOCIATED PRESS

Brewers edge Blue Jays to spoil home opener

Keon Broxton and Domingo Santana hit homers as the Milwaukee Brewers edged Toronto 4-3 Tuesday to spoil the Blue Jays' home opener and extend their early-season misery. At 1-6, Toronto is off to its worst start ever.

Troy Tulowitzki drove in three runs for Toronto with two doubles and a sacrifice fly. The Jays shortstop came into the game 3-of-24 but had six RBI. THE CANADIAN PRESS

Thunder top T-Wolves without Westbrook

Victor Oladipo scored 20 points and hit a jumper with 6.3 seconds to play to lift the Russell Westbrook-less Oklahoma City Thunder to a 100-98 win over the Minnesota Timberwolves on Tuesday night.

With Westbrook resting for the first time this season, Oladipo also had nine rebounds and six assists. Starters Taj Gibson and Andre Roberson also sat out for the Thunder. Andrew Wiggins finished with 18 points for Minnesota.

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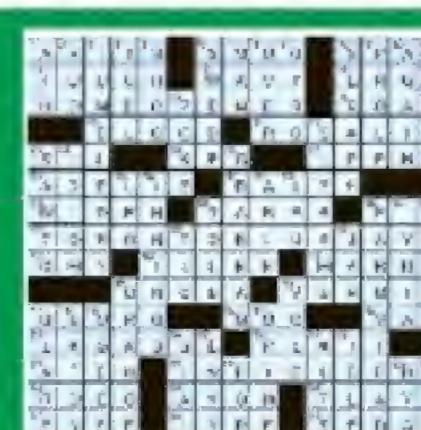
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8	7	2	1	9	4	5	6	3
9	1	3	2	6	5	7	8	4
1	9	4	6	5	2	3	7	8
2	5	8	7	3	1	9	4	6
3	6	7	4	8	9	2	5	1
6	8	5	9	1	7	4	3	2
4	3	9	5	2	8	6	1	7
7	2	1	3	4	6	8	9	5

Eyes of hockey world on McDavid's playoff debut

NHL PLAYOFFS

Team excited to see what Oilers star can do on biggest stage

All eyes will be on Connor McDavid when he plays his first NHL playoff game, looking to see if the Edmonton Oilers centre — already in a league of his own — can take his game even higher.

"I'm excited to see what he's capable of in a playoff series," said Oilers winger Milan Lucic after practice Tuesday at Rogers Place. "He took his game to another level to end the season.

"You look at the guys around the room, I think he's as (excited) or more excited than anyone to get it going and make his debut in the playoffs."

McDavid, 20, dominated the NHL scoring race in his first full season, after losing much of his rookie campaign last year to a cracked clavicle.

He finished with 30 goals and 100 points — 11 points up on runners-up Sidney Crosby and Patrick Kane. He ended the season on a 14-game point streak. He racked up 30 multi-point games, the most in the NHL, and has never gone three games without a point in his pro career.

He's averaging more than 21 minutes a night. On the ice, he is a blur, going from zero to blistering speed in a few strides, turning world-class defenders into turnstiles, like a ringer in

At the end of the day it's still hockey
Connor McDavid

"He's amped it up to another level, but we all knew he could do that. He's been doing it all year for us."

The Oilers host the San Jose Sharks at Rogers Place on Wednesday in Game 1 of the opening-round series, marking the first Oilers playoff game since the spring of 2006.

Wednesday in Game 1 of the opening-round series, marking the first Oilers playoff game since the spring of 2006.

The Sharks, defending Western Conference champions, have almost 1,200 playoff games worth of playoff experience in their lineup, compared to 342 for the Oilers.

McDavid said experience matters but added, "At the end of the day it doesn't really matter. It's still hockey. It's still the game we played all year."

Oilers head coach Todd McLellan said McDavid won't face anything from the Sharks that he hasn't faced already.

"He's played 82 games with that target on his back," said McLellan. "(He's faced) the No. 1

(defence) pair, the No. 2 pair, the top checking line, the secondary line, man-on-man play, shadowing, group effort.

"There's not going to be anything new. He has to find a way to play through it, but often he does that."

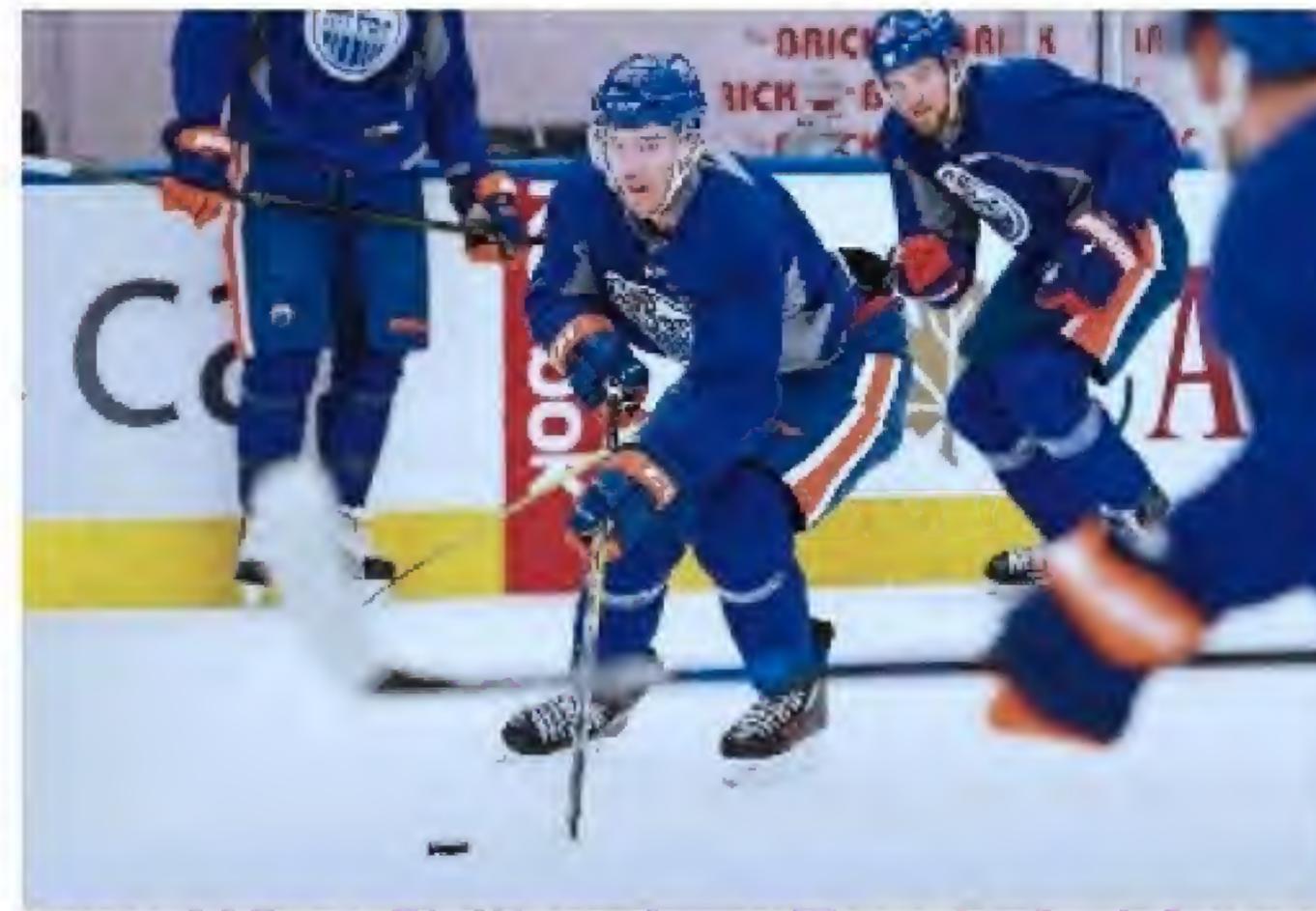
On Monday, Sharks head coach Peter DeBoer shrugged off questions about ways to shut down McDavid.

"We don't have home-ice advantage and we're not going to

-18

The Sharks had success slowing down big scorers like Tyler Toffoli, Filip Forsberg and Vladimir Tarasenko during last spring's playoffs. Those three combined for one goal, one assist and a minus-18 rating in 17 games against the Sharks.

The other key player, centre Joe Thornton, is also day to day after injuring his knee more than a week ago. THE CANADIAN PRESS



The Oilers are confident Connor McDavid's Art Ross Trophy skills will translate to the playoffs starting tonight. CODIE MCLACHLAN/THE CANADIAN PRESS

chase matchups, so, whoever's on the ice has to get the job done," said DeBoer.

Logan Couture, the Sharks' top two-way centre, would normally draw the straw to shut down McDavid, but he missed the last seven games of the year after taking a deflected slapshot to the mouth. Couture is day-to-day, skating in practice with a full cage.

The other key player, centre Joe Thornton, is also day to day after injuring his knee more than a week ago. THE CANADIAN PRESS

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MAKE IT TONIGHT

Crunchy Asian Chicken Salad



Ceri Marsh & Laura Keogh
For Metro Canada

This salad's tender chicken and zippy dressing make it a great noon time meal, especially if it's a leftover dinner because then it was super easy too.

Ready in 22 minutes

Prep time: 10
Cook time: 12
Serves 4

Ingredients

- 2 chicken breasts
- 1/4 - 1/2 head of purple cabbage, thinly sliced
- 1/4 - 1/2 head of green cabbage, thinly sliced
- 2 carrots, shredded
- 1 red pepper, thinly sliced
- 1/2 cucumber, peeled and sliced
- 2 spring onions, sliced
- handful cilantro, chopped
- 1/3 cup peanuts, chopped (optional)

Dressing

- 1 Tbsp sesame oil
- 1 Tbsp soy sauce
- 1/2 tsp sriracha
- 1 Tbsp vegetable oil
- 1 tsp fish sauce
- 1 tsp sugar

Directions

- Fill a skillet with water and season with salt and pepper. Bring to a simmer. Place chicken breasts in water and cook 10 to 12 minutes, depending on how thick the breasts are. Remove and place on a clean plate. Use two forks to shred the chicken.
- In a small bowl, whisk together dressing ingredients. In a large serving bowl, toss together vegetables and chicken. Drizzle dressing over salad and toss again.
- Serve salad in bowls and garnish with cilantro and chopped peanuts.

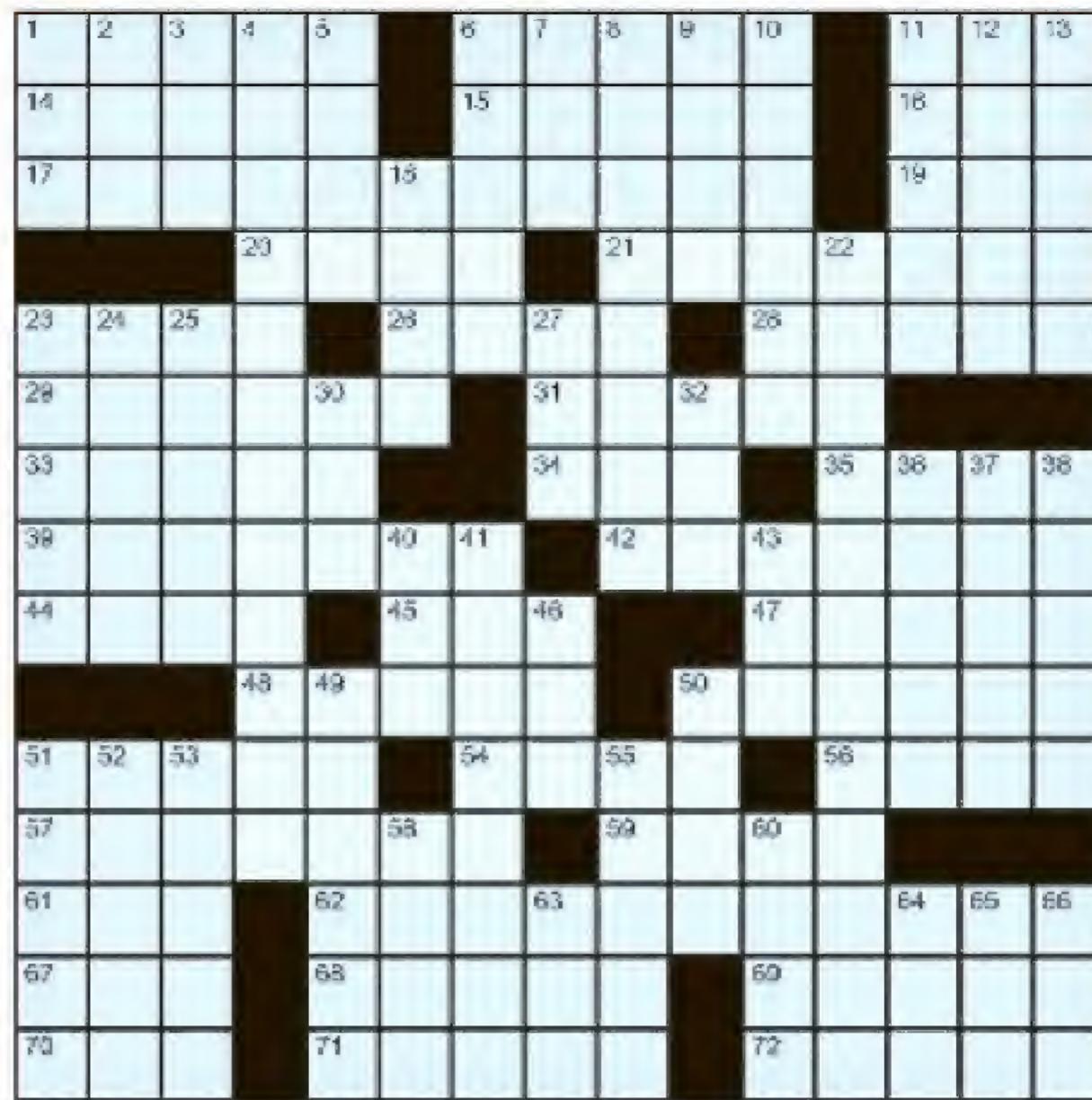
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- As such, Latin-style: 2 wds.
- Harmonize
- Jongg
- Basketball great Shaquille
- Cheerful
- Expert
- Entree at a Passover supper: 2 wds.
- Bus or train, e.g.
- Orderly
- Toronto-born NHL head coach who is an Honoured Member of the Hockey Hall of Fame, Roger (b.1934 - d.2003)
- House's l'il bottom
- Cat's call
- Outlaw, (Former Oldsmobile model)
- Not translucent
- Last but not —
- Maple serving
- Father
- Do this as Springtime snow
- La Seigneurie de l'Île d'— (Botanical oasis in Quebec)
- Painting like the real thing
- Midday
- Sport-— (Versatile vehicle)
- Leases
- Pink Lady's date in "Grease" (1978)
- Smitten: 2 wds.
- Bing Crosby/Bob Hope comedy, "Road —" (1947)
- Cont' completer (Italian noblewoman)
- George Harri-



son's — It a Pity" 57. Eileen of "Private Benjamin" (1980) 58. Fe 61. French for 'goose' 62. Particular party in Springtime, such as at #4-Down: 2 wds. 67. Head mo-

tion for 'yes' 68. Cavern 69. Prefix to 'metre' 70. Nav. rank 71. "With this ring — wed." 72. 'Delete' the pencil marks

- Disc in a 1990s fad game
- 'Carol' completer
- CFL official
- New Brunswick town which is home to the Maple Capital of Atlantic Canada Festival, this year from April 11th to April 16th
- Vogue competitor
- Mountain ridge
- File image type
- London Fog tags
- Massachusetts' motto starter
- Morals
- En (All together)

- Reddish-brown hair rinse
- Gentle
- Pinky: 2 wds.
- Higgs — The God Particle
- the Dragon (Video game)
- "That Girl" star Ms. Thomas
- Antiquated
- Kick — fuss
- Fruity drink
- Clues
- Ontario community
- "Hmmm, I — aware of that"
- Rapa — (Easter Island)
- Power
- Quid — quo
- Mr. McMahon's
- Ornamental tree
- Draped dress
- Bluegrass musician, — Burnett
- The Hunter constellation
- Props for clarinets
- "Yes, — Bob!" (For sure!)
- Family tree member
- Erstwhile
- Queen's "We — the Champions"
- "Bird — Wire" (1990)
- Military posts, e.g.
- "Yuck!"

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

3	8		4		1	2
5			7			
9	5	3	4			
			7	1	2	8
6	7		9			8 4

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*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day for important discussions about wills, inheritances, shared property and insurance issues. All parties involved will be reasonable and mutually sympathetic.

Taurus April 21 - May 21
You might be able to mend broken fences with a partner or close friend today, because people feel sympathetic toward each other. It's a relatively easygoing day.

Gemini May 22 - June 21
Co-workers are supportive today, especially in your efforts to get better organized. You might feel particularly tenderhearted toward a pet today.

Cancer June 22 - July 23
If you are involved in a creative project or the arts, you will be productive today because you are imaginative and open to new ideas. You also will feel sympathetic toward children.

Leo July 24 - Aug. 23
You will enjoy cocooning at home today, because you feel the need to pamper yourself and take it easy. Family discussions will be gentle and sympathetic.

Virgo Aug. 24 - Sept. 23
Your imagination is heightened today, which is good news for those of you who act, teach, write, sell and market. Trust your far-out ideas.

Libra Sept. 24 - Oct. 23
If shopping today, you will be tempted to spend too much money on luxurious items. It's the age-old problem of having champagne tastes on a beer wallet.

Scorpio Oct. 24 - Nov. 22
Today the Moon is in your sign dancing with Neptune, which makes you sensitive to the needs of others. It also heightens your imagination.

Sagittarius Nov. 23 - Dec. 21
You will find it easy to put the needs of others before your own today, because you feel somewhat selfless. You genuinely want to help anyone who is less fortunate. (This is admirable.)

Capricorn Dec. 22 - Jan. 20
A discussion with a female friend will be idealistic today. It also will be a bonding experience, because each of you will listen with sympathy toward the other person.

Aquarius Jan. 21 - Feb. 19
People see you in a favorable light today, especially bosses, parents and VIPs. They see you as someone who is reasonable, sympathetic and kind.

Pisces Feb. 20 - March 20
Do whatever you can to get away from all this because you need to escape. You need fresh air and a chance to discover adventure! Travel somewhere, if possible.

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